

Anupam Yog is a pragmatic urbanist and creative strategist with over 20 years of experience in research, design, and urban innovation. As the Managing Partner of XDG Labs, a platform for incubating ideas and companies that focus on the built environment, Anupam works with a diverse portfolio of projects and partners that aim to create positive social and environmental impact. Anupam's mission is to develop a "Conscious Cities Index", which explores the connection between community well-being and a city's urban design. Anupam is passionate about placemaking for healthy cities and initiated The Big Sit, a social meditation movement that reimagines the relationship between people and place.